

# Download Trigger Point Therapy For The Sternocleidomastoid

Muscle Trapezius Levator Scapula Posterior Neck Muscles Scalenes Sternocleidomastoid (SCM) Rhomboids Serratus Posterior Serratus Anterior Thoracic ParaspinalThe sternocleidomastoid (SCM) is one of my favorite muscle groups to work with, mainly because the results can be simply extraordinary. Trigger point activity in this muscle can cause a bewilderingly set of symptoms, with many being confusingly similar to the symptoms associated with the common (no aura) migraine headache.The trigger points in the neck that can cause dizziness form in the sternocleidomastoid (SCM) muscles. The SCM is a large muscle along the front on both sides to the neck.Spring 40% Off Sale! The Complete Clinical Trigger Point Therapy Video Download Course is now just \$299.99. Save \$200. Start the new year with new clinical skills and knowledge., Trigger Point Therapy For The Sternocleidomastoid.

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