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Sea salt was a common condiment in ancient Hawaii, and Inamona, a relish made of roasted, mashed kukui nutmeats, sea salt and sometimes mixed with seaweeds, often accompanied the meals. At important occasions, a traditional feast, 'aha'aina, was held. Alabama Alabama's culinary heritage is a testament to hard-working people with a healthy appetite for tasty food: "The first Europeans to visit Alabama were Spanish seamen in 1505...They reported that the Indians feasted on wild turkey, game, fish, melons, and squash. Sushi (??, ??, ?, pronounced or) is a Japanese dish of prepared vinegared rice (??, sushi-meshi), usually with some sugar and salt, accompanying a variety of ingredients (??, neta), such as seafood, vegetables, and occasionally tropical fruits. a aa aaa aaaa aaacn aaah aaai aaas aab aabb aac aacc aace aachen aacom aacs aacsb aad aadvantage aae aaf aafp aag aah aai aaj aal aalborg aalib aaliyah aall aalto aam ..., Easy Cooking Ann Kondo Corum.

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