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Looking to up your dinner game? Here are our 20 Best Plant-Based Dinner Recipes to add to your meal plans for the weeks ahead! Each requires either 10 ingredients or less, 1 bowl, or 30 minutes or less to prepare! (Click the pictures or links below to find the recipes)

Forks Over Knives: The Plant-Based Way to Health [Gene Stone, T. Colin Campbell, Caldwell B. Esselstyn] on Amazon.com. *FREE* shipping on qualifying offers. The #1 New York Times bestseller answers: What if one simple change could save you from heart disease?

Dosa are traditional Indian crepes made from a fermented rice- and lentil-based batter. Although they're typically street food, this cookbook proves that it's totally possible to make dosa at home.

Healing The Vegan Way. by Mark Reinfeld. According to increasing evidence, plant-based diets are better for the health of both people and the planet, leading to a dietary revolution., Best Plant Based Cookbooks.

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