

Download A Letter To Myself

Why? (The Story) How? (Write your own) To my future self, I hope that time has been kind to you, and that you are well. You wrote this letter some time ago and gave it to someone you trust in the hopes it would never be needed. Today I will write a Ho'oponopono meditation letter to myself. Remember and repeat the four Ho'oponopono affirmations which are: I AM SORRY PLEASE FORGIVE ME I LOVE YOU THANK YOU I am sorry. Please forgive me. I love you. Thank you. I allow the Divine Intelligence to solve the sickness in my body. I allow the Divine Intelligence ... This letter was written jointly by a theologically diverse group of clergy from the West Ohio Conference. For years many of us have attempted to work together to try and find common ground across the theological spectrum here in our conference. Dear 14-year-old Mike, I write to you today as a 60-year-old man, and I have some news from the future that you probably aren't going to believe., A Letter To Myself.

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