

# Download Strong Memory, Sharp Mind

Surprising ways to retain sharp memory using brain games that strengthen mental functioning As we grow older, we all start to notice some changes in our ability to remember things. Maybe you've gone into the kitchen and can't remember why, or can't recall a familiar name during a conversation. Strong Memory, Sharp Mind: Anti-Aging Strategies for Your Brain [Frank MD Minirth] on Amazon.com. \*FREE\* shipping on qualifying offers. The words are on the tip of your tongue, but you just can't quite remember them. You've been there a hundred times Strong Memory, Sharp Mind: Anti-Aging Strategies for Your Brain eBook: Frank Minirth: Amazon.co.uk: Kindle Store For readers who may not know, the author, Dr. Frank Minirth, passed away in January, 2015. STRONG MEMORY, SHARP MIND is jammed with tons of ideas., Strong Memory, Sharp Mind.

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